

# REFERRER GUIDE

## INJECTIONS

To ensure we have the required information to correctly perform a guided injection for your patient, please use the below information to help guide your completion of our referral form.



### SHOULDER

- ▷ **Specify left or right side**
- ▷ **Indicate:**
  - ▷ Bursa
  - ▷ Glenohumeral joint
  - ▷ Acromioclavicular joint
  - ▷ Other (please specify)



### ELBOW

- ▷ **Specify left or right side**
- ▷ **Indicate:**
  - ▷ Common extensor or flexor origin
  - ▷ Elbow joint
  - ▷ Olecranon bursa
  - ▷ PRP common extensor origin (tennis elbow)
  - ▷ PRP common flexor origin (golfers elbow)
  - ▷ Other (please specify)



### HIP

- ▷ **Specify left or right side**
- ▷ **Indicate:**
  - ▷ Trochanteric bursa
  - ▷ Hip joint
  - ▷ Iliopsoas bursa
  - ▷ PRP gluteal
  - ▷ Other (please specify)



### KNEE

- ▷ **Specify left or right side**
- ▷ **Indicate:**
  - ▷ Joint injection
  - ▷ Baker's cyst aspiration
  - ▷ PRP patellar
  - ▷ Other (please specify)



### HAND

- ▷ **Specify left or right side**
- ▷ **Indicate:**
  - ▷ Joint
  - ▷ Tendon sheath - specify flexor / extensor and which finger
  - ▷ Median nerve/carpal tunnel
  - ▷ Other (please specify)



### WRIST

- ▷ **Specify left or right side**
- ▷ **Indicate:**
  - ▷ Triangular fibrocartilage
  - ▷ Wrist joint
  - ▷ APL/EPB (De quervain's)
  - ▷ Other (please specify)



### FACET JOINTS

- ▷ **Specify left or right side**
- ▷ **Indicate levels (up to 2 on any given day)**

### NERVE ROOTS

- ▷ **Specify left or right side**
- ▷ **Indicate level (1 nerve per day)**



### ANKLE (TALOCRURAL) /FOOT/HEEL

- ▷ **Specify left or right side**
- ▷ **Indicate:**
  - ▷ Talocrural joint
  - ▷ Subtalar joint
  - ▷ Tendon sheath
  - ▷ PRP plantar fascia
  - ▷ PRP Achilles
  - ▷ Other (please specify)

To talk to a Radiologist about your patient's needs, please call our clinic on **4046 7800** and select option 4.

Appointments can be made by calling **4046 7800**  
**Phones Open**  
**7am-9pm | Mon-Fri**  
**8am-4pm | Sat & Sun**

# COMMON GUIDED INJECTION QUESTIONS

## **Do I need to write two referrals?**

No, providing all procedures can be completed within a 7-day period one referral is OK.

## **What if my patient is taking blood thinners?**

Aspirin is safe for all procedures. If your patient takes blood thinners, depending upon the procedure it may be necessary for the patient to stop if you or their specialist feels this is safe. Feel free to call our radiologists to discuss.

## **What can I do if my patient is in a lot of pain, needle phobic or worried about this procedure?**

If your patient is concerned about receiving a guided injection, please get them to call us and ask to speak with one of our on-site nurses/trained technicians who can help explain everything in more detail and address any concerns.

## **What if my patient has had imaging done elsewhere?**

Please send us a copy of the report along with the referral and ask your patient to bring all their previous imaging with them to their appointment.

**Call our Referrer Help Desk for fast  
and direct access to Queensland X-Ray**

**1800 77 99 77**